



The Quest Profiler® – Friendly Summary

What Is The Quest Profiler®?

The **Quest Profiler®** is a work-focused personality questionnaire that helps you understand your natural behaviour, preferences, and strengths at work. It provides deep insights into how you think, feel, and interact with others, and how these patterns influence your performance, communication, and development.

It is widely used across the UK and trusted by many major organisations for recruitment, team development, leadership growth, and coaching.

What Does It Measure?

The Quest Profiler® explores a wide range of personality traits that influence your working style. These include areas such as:

- How you work with people
- How you think and make decisions
- How you handle emotions and pressure
- What drives and motivates you

It measures **24 different traits** across these areas to help build a clear and rounded picture of how you usually behave at work.

What Will You Experience?

- The questionnaire takes around **30 minutes** to complete.
 - Questions are simple and focus on **what you tend to do or prefer at work**.
 - There are no right or wrong answers – just choose the options that feel true for you.
 - The tool is scientifically designed and used in many professional settings, so your results will be meaningful and reliable.
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What Do You Get Back?

Once completed, you will receive a report that may include insights into:

- Your work-related strengths
- Areas that could help you develop further
- Your preferred leadership or team style
- How you approach challenges, problem-solving, and relationships
- What motivates you and how you tend to behave under pressure

Reports are written in clear language, visually engaging, and designed to help you understand yourself better.

Depending on the version your organisation uses, the report may also include:

- Development suggestions
- Interview-style prompts (if used in recruitment)
- Culture and role match insights
- Leadership preferences
- Conflict-handling tendencies

How Does It Help You?

Taking The Quest Profiler® can help you:

- Build greater self-awareness
- Improve how you communicate and collaborate with others
- Understand how your personality supports your role
- Identify development opportunities for your career
- Gain clarity on your strengths and what makes you effective at work

If used in team or development settings, it can also help groups understand each other better and work more effectively together.

Final Message for Participants

The Quest Profiler® is designed to support your growth — not to judge you. Answer honestly and instinctively, and you'll get a report that genuinely reflects the real you and provides helpful guidance for your personal and professional development.